



## SCHEDULE/REGISTRATION

Sat: 8:30-9:30 AM Registration and bib pick-up at the Mt. Ashwabay Chalet.

10:00 AM - 3.5k Youth Freestyle start  
10:30 AM - 11k Adult Freestyle start  
11:30 AM - 1K Kids Freestyle start

Due to weather and/or course conditions, the start may be delayed, race distances changed, or the event cancelled.



## AWARDS

The overall male and female winner of each race will receive an edible award. Awards will be given to the top three (3) male and female finishers for each race in each age division. (14-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70+.) The awards presentation will take place at the Mt. Ashwabay Chalet following the race.



## RACES

The Mt. Ashwabay Summit Ski Race offers a 3.5k youth, 11k adult, and 1k kids freestyle race. All races start and finish at the Mt. Ashwabay Chalet. Classic and skating lanes are provided throughout the course.



## START

There may be wave starts for each freestyle race based on the number of participants per event. Wave assignment will be based on skier age on race day.

- 18 and under
- 19 to 39
- 46 and older

\*Race officials may modify wave starts as needed to safely & efficiently run the event.



## TIMING / RESULTS

Timing services are provided by Friends of Valhalla and 4HCANSKI members. This is an old-style race with hand timing. Results will be posted at the Mt. Ashwabay Chalet following the races. Results will be posted on [www.4hcanski.org](http://www.4hcanski.org).

**Mt. Ashwabay Summit**



**Ski Race**

**3.5k Youth  
11k Adult  
1k Kids Race**

**Saturday  
January 31, 2009  
10:00 AM**

**at  
Mt. Ashwabay Ski Trails**

**Bayfield, WI**

\*This is a community run ski race, the funds raised will be used to promote youth ski development and to promote quality trail grooming.

# Mt. Ashwabay Summit Ski Race

January 31, 2009

Race Entry Form

RACE: \*3.5k Freestyle

\*11k Freestyle

\*1k kids race (free)

FEE: \$10 Youth (18 and under)

\$20 Adults

## \* Skier Information

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Male

Female

Age \_\_\_\_\_

(On Race Day)

I would like to make a donation to Ashwabay Outdoor Educational Foundation.

Little Joe (up to \$100)  Port Way (up to \$1000)  Hemlock (\$5000+)

I would like to become a member of 4H-CANSKI.

\$15 youth  \$20 Individual  \$40 Family  \$10 Leader/Coach

I hereby release the sponsoring clubs, its members or agents and any person officially connected with the competition from all liability for any injury or damages.

Signature \_\_\_\_\_ Date \_\_\_ / \_\_\_ / \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_ / \_\_\_ / \_\_\_\_\_

**No mail in registration, day of registration only!**

**For more information, contact Scott Nesvold at 715-373-5611, or [ski@4hcanski.org](mailto:ski@4hcanski.org)**



From downhill skiing, snow shoeing and cross-country ski trails to Lake Superior Big Top Chautauqua's 70 live performances each season, Mt. Ashwabay's 200 acres have long sustained family-focused recreation, arts, and entertainment.

Ashwabay Outdoor Educational Foundation

PO Box 222

Washburn, WI 54891

715-373-2774

[aoef@washburnwi.com](mailto:aoef@washburnwi.com)

[aoef.washburnwi.com](http://aoef.washburnwi.com)



**4HCANSKI** is a club devoted to promoting cross-country skiing in the Chequamegon Bay Area. We are looking for new members, coaches, and equipment. Please contact us for more information.

4H-CANSKI

c/o Ian Meeker

PO Box 218

Washburn, WI 54891

Phone: 715-373-6104 ext. 249

[ian.meeker@ces.uwex.edu](mailto:ian.meeker@ces.uwex.edu)

[www.4hcanski.org](http://www.4hcanski.org)